



Caregiver Training 1: Assessment and Treatment of Dementia

Tuition: \$445

Hours: 12 hours or 1.2 CEUs

Prerequisite: None

Who Attends: Open to all health care professionals (e.g., Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Speech-Language Pathologists, Nurses, Social Workers, Activity Directors, and Administrators).

This seminar will facilitate the understanding of Alzheimer’s disease and related disorders. Descriptive information on the increasing demand for caregiver training for individuals with Alzheimer’s and other dementing diseases are discussed with a specific emphasis on the transition that caregivers assume with their new role that they are unprepared and untrained for and how to impact their overall experience relating to their physical and emotional health. Basic strategies and guidelines for assessing and identifying challenging behaviors in the early, middle, and late stages of Alzheimer’s and related disorders will be introduced. Specific techniques and compensatory strategies to maintain function to optimize function will be discussed.

Learning Outcomes:

At the completion of this seminar, the attendee will be able to:

- To introduce behavioral management techniques to assist in challenging behaviors exhibited by individuals with dementia.
- To develop skills necessary to train caregivers and their families.
- To promote independence through activities of daily living.
- To facilitate the recognition of the grief process in family caregivers in relation to their losses associated with their loved ones.
- To examine the roles and demands faced by caregivers for older adults with dementia.
- To investigate the mental and physical health consequences of care giving, as well as the social and economic impact of care giving.
- To become efficient in identifying caregivers/patients at risk for adverse outcomes.
- To develop methods for addressing identified risk areas in caregivers/patients.
- To expose participants in the appropriate assessments to use for this population.
- To discuss techniques and provide compensatory strategies to maintain function

DAY ONE	DAY TWO
9:00 – 10:00 Managing Daily Life and Behaviors	8:00 – 10:00 Interventions
10 AM BREAK	10 AM BREAK
10:15 – 12:30 Introduction to Dementia and related illnesses	10:15 – 1:15 Treatment Strategies
LUNCH HOUR	SEMINAR CONCLUDES
1:30 – 3:00 Assessment Procedures	
3 PM BREAK	
3:15 – 5:30 Developing a Plan of Care	

Kurt K. Hubbard, Instructor

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MA Fairleigh Dickinson University
MS Columbia University
OTD University of St. Augustine for Health Sciences

This seminar is instructed by Dr. Kurt. Hubbard, PhD(c), OTD, OTR/L. Kurt has earned a degree in clinical psychology (MA) from Fairleigh Dickinson University, a degree in occupational therapy (MS) from Columbia University, as well as a doctor of occupational therapy degree from the University of St. Augustine. He is currently completing his dissertation in a PhD program in Behavioral Medicine and Health Psychology. Kurt just finished a 2 year grant from the Rosalynn Carter Institute to translate evidenced based research to practice in the field of caregiver training. He has been clinically treating neurologically impaired adults as well as anxiety and stress related illnesses in various capacities for over 19 years. Kurt is a seasoned speaker who has traveled to many locations in both the United States and Canada. In addition to his accomplishments, he is currently the President of the Florida Occupational Therapy Association.